



प्रेस काउन्सिलबाट 'क' वर्गको मान्यता प्राप्त

बिकश

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खबरपत्रिका साप्ताहिक



• dsjfgk/ jif(!), • cs-%, • @)&% c; f/ @% ut]; f!af/, • 09 July 2018, • gkfn ; Dj t^! !#*, • k[7-^, • dlo ?- %-:-

hglt df hf/L ; 'rgf U

3/af6 lg: sg]slxg] / gslxg]knfxf]nf0{ 3/df 5bdfcf}.



slxg]knfxf]nf0{sdkf]6 dn agfcf}+gslxg]hf0{ Jojl:yt u/f}.



yxf gu/kfinsf gu/ sfokfinsfsf]sf0ho 0Gbf0lrf, dsjfgk/

नेपालमा पहिलो पटक

गुणस्तरीय बेनी

विशेषताहरू:

१. माटोरहित उत्पादन
२. रोगमुक्त विरुवा
३. बेमौसममा पनि उपलब्ध
४. फसलमा सुनिश्चितता
५. तुरुन्तै सार्न सकिने
६. उत्पादनमा वृद्धि
७. विषादिरहित बेनी

उच्च प्रविधिद्वारा 'उत्पादन'



सम्पर्क: ९८५५०७२०३४

वेगोसग्री तरकारी विउ सिजन सेन्टर थाहा-४, शिखरकोट, मकवानपुर

JolQmut 36gf btff; DaGwl h?/L ; 'rgf U

h6d btffafnafinsfsf]g]lu\$ c]wsf/ x]. h6d\$]f#% lbg leq]cfknf]:yfglo txd f u0{btff(u/f): h6d / dTo'btff\$] ;'rgf kl/jf/sf] dVo JolQm] / lghsf] cgkl: yltdf kl/jf/sf]pd] ku\$]JolQm]; 'rgf lbg ; S5g\ . h6d, dTo' a; f0; /f0{ ljj fx Pj + DaGw lj R5b\$sf 36gf btff{ug} gful/ssf]st]o x]. a; f0; /f0{ubf{JolQm cfkn]dfq a; f0; ; /L uP JolQm] / kl/jf/ gja; f0; /L uP kl/jf/sf]dVo JolQm]btff{ug{k5{.



yxf gu/kfinsf gu/ sfokfinsfsf]sf0ho 0Gbf0lrf, dsjfgk/

afnljj fx /f\$g hfuj

dsjfgk'/sf : yfglo ; /sf/

◆ lj sf; ; jfbbtf yfxgu/

dsjfgk'/sf : yfglotxx? e]lts kf]f/sf]lj sf; ; u; :fdlth lj sf; df klg rgv] xg ynf\$ 5g. 1) c; /df k]tt u/\$] glt tyf sfogm]df lhn]sf] p]k]xgu/kfinsf, gu/kfinsf / upkfinsf] kf]f/ lgd]nf0{ p]r kf]yldstfd /fv\$ 5g. 1o; kl5 ; du] a]nafinsf] l]xnf0{ d]lbg/ /fv\$ 5 . dsjfgk'/sf] s6 shz upkfinsf] k]tt u/\$] glt tyf sfogm] ; 8s lgd]nf0{ p]r kf]yldstfd /fv\$; fy]jnljjxn0{ c]fo ug{ s8f0 u/\$] 5 .



काठमाडौं पलनाले

upkfinsf p]k]lbf ; s]f0f ly^n] k]tt u/\$] glt tyf sfogm]df upkfinsf] afnljjfx d]m ag]pg] sfogm] 3]f]f] u/\$] 5 . upkfinsf] afnljjfx h]g]t]glw ; /sf/ s]f/l, k]l / lz]nsf0{ ; xeful xg /f\$ nuPsf] 5 . afnljjfx lgoq]f gu/ d] dxn : j: y g] / p]lx;af6 h6d\$; c]tg /fl x] ePsf]afnljj fx /f\$g] 5 upkfinsf] c]lbf 6s d]lgn]eg] afnljjfx kl5 w] ; c]tg klg h6d]pg] ePsf] 5]f]f]l]n] b]w k]p5g . ll

upkfinsf]af] jofks ; k]df afnljjfx x]lu5{ u]f] v]l lj :y]k]t ug{ up]uf]df ; 8s k]ofpg] n]o upkfinsf] ePsf] d]lgn] at]P . 1o; u/ /]S; /f^ upkfinsf] klg c]k]g]f] glt tyf sfogm]df afnljjxn0{ s8f0sf ; fy lgoq]f ug{ 3]f]f] u/\$] 5 . upkfinsf] c]lbf /f]s]df / d]nn] eg] afnljjxn] upkfinsf] ug{ lj sf; lgd]nf0{ ; d] r]f] lbg] u/\$] 5, d]xnsf] ; du] lj sf; nf0{afnljjxn] ; lbo]v c]4 ag]Psf] 5 . ll r]f^ af]x0 / x]f] ol b0{ upkfinsf]df] q] x]l]g, dsjfgk'/sf]

● yxf gu/kfinsf]cfu]df c]j]gl]t tyf sfogm]df yxfnf0{afnd]l gu/kfinsf ag]pg]l]hg]f p]ny] 5 .

p0/L l]f]df kg] yxf gu/kfinsf klg afnljjxn0{ lgoq]f ug{ ; lq]m b]vPsf] 5 . 1o; u/ /]L yxf gu/kfinsf] !% jif]l sz]l / !% jif]l sz]l r ePsf]afnljjfx klg c]f]o 3]f]f] u/ l]bPsf] 5 . yxf gu/kfinsf ^ sl sz]l / yxf @ sf sz]l r ePsf] d]xgc]3 e]ul lj fx ePsf]yo]f] lj fx ePsf] d]xgc]l5 sz]l df]t uPsl ly0g] sz]l lnf0{ df]t] vns] 3/ gk7Pkl5 s]f k]sf cleef]sn]g] sf]of]od] ph]l x]l]g uPsf lyP .

gu/kfinsf h]g]t]glw; n] sz]l lnf0{ d]f]t]af6 3/ l]ofpg] x]l]g, afnljjfx sig]l ; kd] c]f]o ePsf] lj fxnf0{ cg]k]r]f] / s 9un] v]h / u/\$] lyP . yxf gu/kfinsf]cfu]df c]j]gl]t tyf sfogm]df yxfnf0{ afnd]l gu/kfinsf ag]pg] of]hg] c]tu\$ afnljjxn0{ s8f0sf ; fy lgoq]f ug{ glt lnPsf 5]f] gu/kfinsf] d]f] njz] / lj]n] at]P . o; u/ k]k]zrd / h]du]f 5 .

kg]d]g] upkfinsf] klg afnljjfx ug] k]r]ngnf0{ lgoq]f ug] of]hg] k]t]t u/\$] 5 . x]f]f] p]k]xgu/kfinsf, dsjfgk'/u9l, eldk]l, 00b; /f] /, as]f] 7 j]d]t upkfinsf] # jif]l c]k]k]f] l]f]nf0{ j]nljjfx d]m ag]pg] 3]f]f] u/\$] 5g . 00b; /f] / upkfinsf] t rin' x]f]d] qnd]ll j8f 3]f]f]f] ; u} upkfinsf]f0{ g} a]nd]l 3]f]f] u5f] .

afnljjfx k]f]k]df lgoq]f ug{ ; r]f]g, sfogm] ; u; b]j]d]hs / sf]g]l af]f]x klg c]v]to]f / ug] dsjfgk' u9l uk]sf c]lbf lj]b x]f]u]f] j]t]P . dsjfgk'/sf] k]zrd l]f]df kg] shz / /]S; /f^ upkfinsf]df] jofk] ?k]df j]nljjfx x]l] u/\$] 5 . c]o * :yfglo txd klg j]nljjfx ug] k]r]ng] cem]sf]od klg j]nljjfx ug] k]r]ng] cem]sf]od

gkfn ; /sf/sf]; 'rgf U

xfdf]x/\$ sbdx? /fli6@

: jfyaf6 k]/t xg]; #s[tsf]

lj sf; u/f}.

gkfn ; /sf/ ; 'rgf tyf ; ~rf/ dGqfno ; 'rgf]efu



cemjkg 3/७f ; Ts]L : yfglo txsf sfofho ef8fd

◆ lj sf ; jfbtft

lhlnf /Bqm ; f] f06l dsjfgk/n] shfz upklnsf % ul/gsf]rf]s6l/yt :jf:Yo rfsln0(alye ; १6/ rnfpg cfjZos pks/Of pknw u/Psf] 5. /Bqm s]l ešOk k]tsfo(sfogmcdtuf lhlnf ; djo ; ldt c]lbf /3gfy vhfnn]rf]s6l lgd0 k]v zaxib/ vq / j8nbf 5\$ nfdnf0(# nfv d]0a/fa/sf pks/Of x]lft/Of u/s]f x] pOm j8fd ^ ; o \$ hgf nfeuf] 5g ul/g] :jf:Yo rfsln] alye ; १6/ -rfg ul/x]k]g pks/Of cejdf ; d:of emh/x]f] lyo] .pks/Ofsf cejdf k]g alye ; १6/ -rfg ul/x]f lyo] lgd0 k]v vq]n] eg] .ca ; ljwioQm aBnufot pks/Ofn]sid ug(; xh x]gePsf] 5.॥ z]f]s, /fhg]lts, clye / ; fdlhs ; kdf clof k5l8 /x]f] ul/g] # j]f]v hgt] alye ; १6/ rnf0b) cPsf] lyo] t/ Toxfsf clwsz dxn] 3/d) c; /llft 9un] ; Ts]L x]g]u/s]f 5g. cfj) &e) # df pOm alye ; १6/df # hgf / ut cfjdf ! & hgf ; Ts]L ePsf lyP. rin' cfj]sf] h] dxgf; ld ! \$ hgf ; Ts]L ePsf] j] 5. r]f]sf k]v vq]n]hgs/l/ lbPsf

lyP. :jf:Yo r]f]sdf rf/ k6s ue(k/llf0f ug(c]pg] ; Vof %) ecf a9L 5. t/ ; Ts]L x]g c]pg] ; Vof clof 0o. % # kltzt ue]t] c; /llft lhlnf x]f] c:ktfn; lxt # a j6f :jf:Yo ; aydf k]t ; j] -alye ; १6/ -rfg ul/Psf] 5. bu0 e]s]afx]f c]o l]gs] :jf:Yo ; aydf ; Ts]L x]g c]pg] ; Vof a; १6 a9bf] 5. ut cfjdf as0f upklnsf:yt k]k/af/l :jf:Yo r]f]sdf ! ; o \$ hgf ; Ts]L ePsf lyP. dgx/ly:yt k]y]ds :jf:Yo s]lbf ut cfjdf @ ; o !) hgf dxn] ; Ts]L ePsf 5g] g] f' clwsz ldn] १3d/h]elgg]. lhlnf ut j]f] :jf:Yo ; aydf ; Ts]L x]g c]pg] ; Vof ; f9] k]tzt]j]4 ePsf] 5. llhlnf hg:]f:Yo sfofho x]f]sf cg; t/ cfj) &e) & df \$ xh/ ! ; o & hgf cyf] \$! bzd] ^ k]tzt / cfj) &e) & df \$ xh/ ^ ; o hgf & cyf] \$ ^ bzd] ! (k]tzt dfq :jf:Yo ; aydf ; Ts]L ePsf 5g] dsjfgk/df ut cfjdf ! ! xh/ % ; o \$ hgf ue]t] ePsf lyP. t]d]w] \$ xh/ ^ ; o & hgf dfq :jf:Yo ; aydf ; Ts]L x]g c]P. llhlnf hg:]f:Yo k]v /fdr0b]k]7sn] eg] .cem' # k]tzt]eob a9L dxn] c; /llft 9un] ; Ts]L x]g]u/s]f 5g] ulyo] Tox] egdf k]v / pkk]v]sf] sfof] /ivPsf] 5. pOm sfof] k]g l0j:yt 5g. udf] 5fg t]t] a: g; lsb0; ef8fd inP/ upklnsf] sfof] -rfg ug(3/5) 5g. pOm upklnsf] 1e nfv]n]utdf j8f % sf]sf]of] eg] ul/g]sf] r]f]s6l/df lgd]f]w] 5. rin' c]l]eg; १k]g ugk] ; De]f] lyo] j8nbf 5\$ nfdn] eg]. 7\$bf/ sf]n]f; l]k]s sf/Of lgd]f] ; l]sPsf] 5g] ॥



lyf gu/klnsf j8f g% sf]sf]of] . k]k] lj sf ;

◆ lj sf ; jfbtft

:yfglo txsf] lgj]f'g ; १k]g ePsf] ! \$ dxgf laig n]bf k]g dsjfgk/sf clwsz upklnsf / j8f sfof]ox; ljBno. ; fdb]os e]g / ef8fd 3/d ; -rfg e0/x]f 5g. s]l upklnsf / lyf gu/klnsf] j8f sfof]ox; lgd]f] ul/x]f 5g. t/ ; oxl cfjdf ; १k]g x]k]g]lyo] x] ; s]f] 5g. lhlnsf * upklnsf]w] % j6fs] c]k]g] e]g 5g. To:tf upklnsf]ef8fd 3/ inP/ ljBno / ; fdb]os e]gaf6 sfof] -rfg ul/x]f 5g. dsjfgk/s]f ; b'k]f] x] k]g] a]l]dt upklnsf] s]l] e]w]e]w]f] /ivPsf] 5. e]w]e]w]f] 3/ ef8fd inP/ sfof] -rfg ul/x]f 5g] c]l]bf ; s]z 3n]gn] eg] sfof]o e]g lgd]f]sf] tof]df 5g] e]g]sf] c]ef]n]j]o] :yt sfof]o ; -rfg ug(; l]sPsf] 5g] ॥

sf]z upklnsf]df] dfq x]0g /is/ f'as] x]nt k]g p:t] 5. /is/ f'a upklnsf]s] s]b] r]k]g] /ivPsf] 5. ljBnos]f] 5gf]f; df upklnsf] sfof]o /ivPsf] 5. 5gf]f; lgd]f]w] lyo] 5gf]f; sf] lgd]f] u/ upklnsf] sfof]o /iv]f] 5gf] c]l]bf /f]hsdf/ d]nn] eg] upklnsf] e]g lgd]f] ug(ah0 56b]Psf] lyo]k]j] lws ce]n] e]g lgd]f] ug(; l]sPg] ॥

o; 0/ l]k]k] upklnsf]k]g 3/ ef8fd inP/ sfof]o -rfg ul/x]f] 5. upklnsf]e]g lgd]f] gu/ ; s]f]n] ef8fd inP/ sfof]o -rfg ul/x]f] 5gf] c]l]bf lxb] nfdn] eg] ; ud l]gf] /x]f] dgx/ upklnsf]k]g /h]bf] 3/ ef8fd inP/ sfof]o ; -rfg ul/Of] leg] k]t]f] u/s]f] x]g] z]l]f]sf] vr{/sdn]0(36f0(Ps k]k] ul/Of] l] egl k]t] ul/Psf]k]t]f]n]0(z]l]f]sf] l]g]xt g]lts]c; x]dt k6s ug(k]t] sf]f]f] o]h]gf tyf sfogm]df vr{ d]6]f] k]t]f] u/s]f] 5g. ; f]h]gs n]f; l]d]ts; e]k]t ; d]f] /x]f] sf]w] ; f+b 0xR5gf/ fof] >7n] k]z ; /s]f]s] g]lt tyf sfogm]df n]f ul/g]l]q]ef] /sdn]0(36f0(Ps ?k]f] sfod ; e]k]t x]l]pgn]eg] ah0 clg]ldt t]f]n] vr{/ug(/f]g] x]d]f] b]f]o]f] x]f] sf]w] k]v ; r]s /wf] 3n]h] c]lye d]f]n] tyf o]h]gf d]6]no c]t]u]f]sf]k]f]h] 5n]km ; +b0bf a]f] /ug(c]f]Zos g/x]f]z]l]f]sf] /sdn]0(36f0(Ps ?k]f] sfod ul/Of] leg] k]t]f] u/s]f] 5g] ; z]l]f]sf] 1* nfv /sd k]t]f] ul/Psf] 5

sh'yfgldf 8a] @ sf]d[0'

dsjfgk/ lhlnsf] 00b; /f] / upklnsf] sh'yfg]l:yt 00b; /f] / f]ndf z]q]m; ; fem]k]l v]g]g]m]df b0[af]nsf] 8a] d]f] ePsf] 5. d]0' x]gf] 00b; /f] /-! a:g]k]s/

x]bf/ ly^sf !e j]f] 5gf] ; d/ / lyf gu/klnsf-(a:g] ljZ] 7k c]n]sf] c]f] j]f] 5gf] r0b]x]bf / x]f] lhlnf k]x]l/ sfof]o dsjfgk/n] hgf]Psf] 5. x]f] /iv]s] s/ 8) nfv % (xh/ /sf]n]utdf pB]f] ; y]k]g u/s]f]x] % /f]g] h]u]df : y]k]g u/s]f] pB]f]s]k]z] # sf ; e]d'v ; f]g]sd/ / >7n] Ps ; df/f]k]r pb3f6g u/]

ledk]l ; xsf/ln] v]f]n]of]b]f]g]f pB]f]

◆ lj sf ; jfbtft

; xsf/ln] ; yfn]u]0(0)sf n]f]u b]f]g pB]f] : y]k]g u/s]f] 5. c]k]m] ; xsf/ln] ; yf] x]f]f]n] e]k]k] upklnsf-! c]k]v]l] ; ldf s]f]a @ s/f]s]f]n]utdf b]f]g pB]f] ; r]f]ngdf cl]Psf] x]f] ॥

p]k]f]g n]ut 36f]g] / b]ws]f]d]q] a9]pgk]g] dh]s]f] c]f]Zos]t]f] /x]f]f] at]P. b]f]g u]0: /sf]gePsf]n]ox]f] x]g] h]ts]f u]0(0)ln]y]f]b]w] lbg] u/s]f] 5g] u]0(0)ln]0(v]f]f]pg p]k]f]sf] b]f]g p]k]f]g ug(; xsf/ln]b]f]g pB]f] : y]k]g u/s]f] ; xsf/ln] ; n]fx]f/ l]z] s]0]f]n]at]P. sfogm]df k]z] # sf d]w] 0o]f]w] 0] ; 0'0] 0o]f]g]h] dh]s] c]x]n] l]d k]g b]w]df c]f]d]ge]f x]g g; s]f] at]P. b]w]df c]f]d]ge]f x]g k]z]k]ing dfq u/] x]b]g] u]0:t/ o]Om b]f]g pB]f] k]g c]f]Zos k5(pgn]eg] sfogm]df k]hc r]q]x]b/ a9]n]pB]f] : y]k]g u/s]f] lg/t/t'f] lbg]r]g]f] ePsf]n] ; a]h]w]b]g lbg]k]f] at]P

kb]z] t]g]df vr{/s6]f]f] k] t]f]

◆ lj sf ; jfbtft

k]v] l]k]l] b]ns]f ; f+bx]n] c]lye j]f] (0) &e) & s]f] ah]0df ds]f]f] o]h]gf tyf sfogm]df vr{ d]6]f] k]t]f] u/s]f] 5g. ; f]h]gs n]f; l]d]ts; e]k]t ; d]f] /x]f] sf]w] ; f+b 0xR5gf/ fof] >7n] k]z ; /s]f]s] g]lt tyf sfogm]df n]f ul/g]l]q]ef] /sdn]0(36f0(Ps ?k]f] sfod

ul/Of] leg] k]t]f] u/s]f] x]g] z]l]f]sf] vr{/sdn]0(36f0(Ps k]k] ul/Of] l] egl k]t] ul/Psf]k]t]f]n]0(z]l]f]sf] l]g]xt g]lts]c; x]dt k6s ug(k]t] sf]f]f] o]h]gf tyf sfogm]df vr{ d]6]f] k]t]f] u/s]f] 5g. ; f]h]gs n]f; l]d]ts; e]k]t ; d]f] /x]f] sf]w] ; f+b 0xR5gf/ fof] >7n] k]z ; /s]f]s] g]lt tyf sfogm]df n]f ul/g]l]q]ef] /sdn]0(36f0(Ps ?k]f] sfod

; e]k]t x]l]pgn]eg] ah]0 clg]ldt t]f]n] vr{/ug(/f]g] x]d]f] b]f]o]f] x]f] sf]w] k]v ; r]s /wf] 3n]h] c]lye d]f]n] tyf o]h]gf d]6]no c]t]u]f]sf]k]f]h] 5n]km ; +b0bf a]f] /ug(c]f]Zos g/x]f]z]l]f]sf] /sdn]0(36f0(Ps ?k]f] sfod ul/Of] leg] k]t]f] u/s]f] 5g] ; z]l]f]sf] 1* nfv /sd k]t]f] ul/Psf] 5

आब हमें थाहानगरको ओखरबजारमै
छपाईको शुभाटम
फलेक्स प्रिन्ट
काठमाण्डौं, हेटौंडा धाउनै पर्दै...
आधुनिक नयां मेसीनद्वारा १ घण्टा भित्र बोर्ड,त्यानर तयार
AARAV Creation
9855068340/9820268340

- फलेक्स प्रिन्ट (त्यानर/साइलबोर्ड)
- लेटिटे बोर्ड/रिक्कर प्रिन्ट/
- फलेक्स फोटो/गायाको चित्र तयारी
- प्रमाण-पत्र/कदर-पत्र/प्रशंसा पत्र तयारी
- कार्यक्रमको व्याच तयारी
- विभिन्न डिजाइनका फ्रेमिङ
- फोटो स्टुडियो/मि.भि.सी. कार्ड

