



• dsjfgk/ jif!! , • cs-), • @)&; fpg * ut]; f!af/, • 13 Aug. 2018, • gkfn ; Dj t\! !#* , • k[7-^ , • d!lo ?- !)-:-

Ps s/f? kof"ah? lkmh eof] lqejg /fhkydf vfn8y/vn8f

◆ ljsf; ; jfbbtf yxfgu/ lqejg /fhkydf ofaf hlvdoOm aab) uPsf] 5 . of] /fhky dhss) h7f] diu(xf] . ; dod) dd? ; de/ gxbf ; 8ssf vN8f/vN8f] cfpfhp ug(hofb) sl7g 5 . lqejg 7pbf ; 8s ; dt ell; Psf 5g. wj] 7pbf ; fgr ; jf/lsf 6fo/ g) kl/g] vN8f 5g. lkrsf] t qdgl; fgl 5g . h7f] /fhdu(; /sf/sf] ajf: tin] hlof(aab) uPsf] 5. ll yxfi gu/kflnsf; l zIQmsdf/ /fodfain] eg] /fhwgl kjz ug] ; a) ; 8s a9l / klx/fh] cj 4 xbf of] ljsnk xNfof] wj] ; jf/l rNglxbf ; 8ssf] cj: yf hlof(agsf] pgn) atP. yxfgu/ xb) /fhwgl cfj thfj t ug] e/kbf] jzllks /fhdu(lqejg /fhkydf nfd] ; dob]v ; /sf/sf] wbg uPsf] 5g.

lritt xg yfnzf 5gl . /fhkysf vN8f/vN8f] sf/Of . xnsf ; jf/l cfj thfj t g] ug(5f8) ; yfgo yfgr ahf/!yt kmh]l xfn]sf psz s] l e65g) /fhdu() sf/Of] u] x] s cfpq] 5f8] lqejg /fhkysf] xbf] b]v g] ;] d ; 8s b/fj: yf 5 . of] /fhkydf b]gs \$) b]v %) ; jf/l: fwg cfj thfj t xg] b]v g] /fof] 3f6-dlln^a ; 8s lj: tf/ sf ; dod] xhf/e6b] a9l ; -ring ePsf

; 8s dfg x] g. khx ; klg hlof(5g) /fhdu(k] g) khd]w] ; fd/ l / e) z] jafx z !* kh hlvdoOm 5g\ efrP/ sg] klg 7hf] wghg llt xg ; Sg] pgl atp 5g. s] kl khsf] lkn/ sdhf] 5g. s] kl sf] d] yf/ lkn] e] fudf lvo] n] v] f0: s] s] j] 5 . xbf] b]v



lqejg /fhkydf k/ k] vN8f . kmh] ljsf;

lyP. k/ fgr] / ; fB7f] ; 8sdf ; jf/l rfn] ell; g' / vN8f/vN8f xg] ahf dhnsf0(/xt lbg] u/ s] j] 5. jfelf] s) x] l8lehg ; 8ssf Ps kfj] lws e65g. !* jif(k/ fgr] ; 8sn) wbg xhf/ f] u] b] s] f] rnk wfg] s] 5. ox] s] f] ; 8s dfg x] g. khx ; klg hlof(5g) /fhdu(k] g) khd]w] ; fd/ l / e) z] jafx z !* kh hlvdoOm 5g. tl kh t] sfn dd? ugk] g] 5. !* s/ f] n] vN8f/vN8f ky(klg k] b] g] u] s] f] eg] /fhdu(n] a] f0 5f] o] p] g ; l s] 65, ot] tk] m] /sf/ sf] wbg hfg] k] 5] ll e/ t] lo n] fu ut jif(g) ah] b] diu u/] klg ; /sf/ sf] ; xof] d] f] !# df lqejg /fhky lgd] f] ePsf] x] j]

dlln^a-g/fof] 3f6 ; 8s r] b] f] ug] qmb] v lqejg /fhkydf ; jf/lsf] rnk a9sf] yof] . jiffof] ; ? ePb] v xbf] sh- yf/ g- kmh] / b] l] f] s] f] s] f] a] f] k] g ah] f] ah] cj 4 xbf lqejg /fhkydf rnk a9s . ; jf/lsf] rnk a9b] j] 5 t / ; /sf/ n] ah] b] 5f] o] p] eg] s] h: of] u/ s] f] l8lehg ; 8s xbf] s] f] o] h] g] o/ c] z] t] f] s] f] atP. b] l] v] s] f] ; dod] cfj zos kg] h7f] /fhdu(f] o] ajf: tf ug] /fd] x] g] ll pgn] eg] c] f] yf jif(@)& s) & df of] /fhdu(f] o] # s/ f] l] j] g] o] h] t u/ P] s] f] yof] /sd l9n lgsf; f xbf ! s/ f] b] dfg vr(eP] s] f] pgn] atP. ! s/ f] t lkh] g) eof] tof] /sd sf] Os- dh/ d] f] c] f] g] / 7] s] f] nuP/ ; de] f] k ; d] 3b] v ug(k] P x] f] o] t /sd cf] s] f] c] l] d] t/ d] q) c] f] o] o: t] j] ; y] d] f ; de] f] eP] s] f] @- # d] x] g] l] e] q ; / l s] d ; Sg ; /fhdu(s] f] cj: yf/af] yxfgu/ l] f] s] f] Joj ; fol

lj Bt aSoff dxzh eOmfgl ug] ; DaGwl cToGt h?/l ; f'gf

gkfn lj Bt kflws/Of kfn^a lj t/Of s] b] b] f] 6 lj Bt ; jf pkef] u/ j] fkt lj Bt dxzh eOmfgl ug] af] l / x] s] f] u] x] s] dxfg] e] j] x? s] f] lagf ; f'gf lj Bt nfo] s] f] o] g] ; fng eO/ x] s] f] x] b] f] dxzh eOmfgl ug] af] l / x] s] f] u] x] s] dxfg] e] j] x? n] t] s] f] n] sf] o] f] o] d] f ; Dks(/fv] ; DkOf(af] l aSoff /sd eOmfgl ug] k] of] ; f'gf k] s] f] z] g ul/ P] s] f] 5 . c] f] o] yf af] l j] Soff / x] s] f] u] x] s] f] nfo] g] lagf ; f'gf sg] klg ; dod] sf] 6g] jox] f] j] c] f] /fv] 5 .



gkfn lj Bt kflws/Of
kfn^a lj t/Of s] b] b] f] yxfi gu/kflnsf, dsjfgk/

नेपालमा पहिलो पटक

गुणस्तरीय
बेर्ना

उच्च
प्रविधिलेपारा
'शुद्धपादित'

विशेषताहरू:

- माटोरहित उत्पादन
- रोगमुक्त विरुवा
- बेमौसममा पनि उपलब्ध
- फसलमा सुनिश्चितता
- तुरुन्तै शार्म सकिने
- उत्पादनमा वृद्धि
- विषादिरहित बेर्ना

सम्पर्क: ९८५५०७२०३८
बेर्नासामी तरकारी बिउ बिजन सेन्टर
थाहा-४, शिखरकोट, मकवानपुर

gkfn ; /sf/sf]; f'gf u

!_ ; fj h] gs lgsfox? n] cfk] m] f] lgsfo ; DaGwl ; f'gf k] to z] tlg- tlg d] x] g] d] f /fli6 e] f] i] d] k] s] f] z] t ugk] j] tyf c] d ; ~rf/ sf] d] f] wods] f] p] k] o] f] u] g] k] g] s] f] g] l Joj: yf 5 . ; f] s] f] k] f] n] g] eP-gePsf] g] f] u] l/ sn] rf; f] Jo] Qom ugk] 5{ . @_ k] to z] ; fj h] gs lgsfon] ; f'gfs] j] lu s] /Of ugk] 5{ . tl lgsfox? n] ; f'gf b] t] s] f] ; Af] f] o] ugk] b] 5 . s] f] g] ad] f] h] d] l] f] t] k] l' t { lbg] u/ l c] f] o] f] u] a] f] 6 lqof] eP] d] f] l] f] t] k] l' t { /sd pknAw u/ f] p] g] k] 5 .



gkfn ; /sf/ ; ~rf/ tyf ; f'gf klj lw dGqfno ; f'gf tyf kzf/Of lj efu

JolQmut 36gf btf]; DaGwl h?/l ; f'gf u

h] d] b] t] f] a] f] a] f] n] s] f] s] f] g] lu s] c] l] w] s] f] / x] f] . h] d] s] f] # % lbg leq] c] f] k] m] f] ; yfgo t] x] d] u] o] b] t] f] u/ f] ; h] d] / d] j] o] b] t] f] f] ; f'gf kl/ jf/ sf] d] v] o] JolQm] / lghs] c] g] k] : y] l] d] f] kl/ jf/ sf] p] d] x] ku s] f] JolQm] ; f'gf lbg ; S5g . h] d] , d] to ; a ; f] o ; /fo{ l] j] f] x] Pj + DaGw l] R5] b] s] f] 36gf b] t] f] u] g] g] f] u] l/ s] s] f] s] t] f] o] x] f] . a ; f] o ; /fo{ u] b] f] JolQm c] f] k] m] d] f] o] a ; f] o ; /L uP JolQm] / kl/ jf/ g] j] a ; f] o ; /L uP kl/ jf/ sf] d] v] o] JolQm] b] t] f] u] g] k] 5{ .



yxfi gu/kflnsf
gu/ sf] o] f] k] f] l] n] s] f] s] f] o] f] o] 0G] b] o] f] l] r] f] , dsjfgk/

hgS Nof0fnf0{kmN6/ ; xofju

◆ d-h/l anfd

dsjfgk/sf]yxf gu/kfinsf j8f
 g# # df /x\$]f hgslof0f dnf0bds
 ljBfnon/vfgkfgl z4 agpgj]lkm6/
 ; xofju kfPsf] 5 . yxf-^ df /x\$]f
 lgikf ofj ; dXn] ljBfYf0f0 z4
 vfgkfgl pknw u/fpg] p2]on]
 vfgkfglsf] lkm6/ lj t/Of u/\$]f
 hgfPsf]5 . knfg 066/g]gnsf]c]fy\$
 ; xofju df tftf] / lr; t] kgl cpfg]
 ; lxtsf] c? lkm6/ ; xofju lbPsf]
 x] . z4s/Of ug] lkm6/, lmf;
 lkm6/, /Vg] 63n / hu lj t/Of
 u/\$]f x] . h; df 0] j6f lkm6/, 0]
 j6f lmf; , 0] j6f hu lj t/Of u/\$]f
 x] .



; fdu] af8g]sfoqndsf]k]pV c]tly
 ag' k/\$]f] ; Rr] b]w nfu\$]f]
 atP . ; fy] ; /s/l jf u] ; /s/l
 ; yfn] ug] ; xofju] nflu gu/
 kfinsf; # ; xstf(ugk] / h; n]
 cfjZos lq] kOf nu0f(Ps?k]tsf
 ; fy stf(ug{; xh xg] atP .
 sfoqndf atP]lgikf ofj
 ; dXsf clb]f lg/hg ulkf]n] ofj
 ; dx ljz4 ; fdlhs ; yf ePsf]
 xgn]knfg]sfoqnd lgoddf afwP/
 ugk] xgn] k]bz/ 9^un] sfid
 ugk] atP . pgn] pOm lkm6/n]
 ls60f ; d] gi6 ug]hgsf/l lbP .
 ; dXn]knfg 066/g]gnsf]0 nfv \$)
 xh/ ; xofju yxf]f hgslof0f /
 ; g]fif dljnf0(lkm6/ ; x:tf0f/Of
 u/\$]f x] .
 ljz +0)^# ; fndf :yfkf
 ePsf]lgikf ofj ; dXn]:yfkf sn
 b]vg] knfg 066/g]gnsf; # ; d]o
 ub] ljle6g sfoqndx? ; -rfg
 ul/x\$]f 5 . 0 ; j]if l xh/ !#
 hgf ljBfYf?n]0{ :sh em]f
 lj t/Of ul/Psf] lyof] . To ; B/
 hgslof0f d]f]h slf lgd]f stf
 ul/ ; s\$]f 5 eg] c6o ; fljssf]
 ulj ; sf ljBfnon k] ; f]sfo{ ; -rfg
 u/\$]f 5 . ofj ; dXsf clb]f ulkf]n]
 0 ; j]if(k]g # j6f ljBfnon0(k]g/0
 ; xofju ug] j6f ljBfnon0(d]f]h
 Snf; agpg] sfoqnd /x\$]f atP .
 ; dXn]xinsf] j6f j8df sfoqndx?
 ub]c]Psf] 5 .

hgkltqllw

'km/s b/df Hofnf lbbf dlxnfx?n]
 ; dftgg,yk] a/fa/ lbPF



dsjfgk/ yxf gu/kfinsf d]hgf
 vl6Psf]Psf j]ifk] ePsf]5 . of]c] lwdf hgkltqllw?n] lj lw stf0
 u/\$]f 5g . 0 ; ; Gbedf k] t] 5, yxf gu/kfinsf j8f g# sf j8f
 clb]f /h3 s\$] ; E ljs/ ; ; jbbt] d-h/l anfd]n]u/\$]f
 s]/sfgll
 j]if; ls ; s\$]f 5, ca af6l lbgno0(tk0f]0]of]hg] s]s<
 - casf]lbgno0(k]g of]hg]x? eg\$]af6]B]f]g]5 . e]t]s k] f/ g)
 5 . gu/kfinsf]n]w]ah3] laigof]hg u/\$]f 5g . lzif :jf:Yo nufot
 c6o k]g 5g t/ laz] ul e]t]s ; Arg] g]x]d]f]d]vO of]hg]x? xh].
 tk0f]j]8df dlxn / k?if lardf c; d]g Hofnf/ 5, To]l]aifo
 tk0f]n]h]of x]df slQsf]k]p] ePsf]5 <
 -of]l]aifo clxn]! ; od] eP k]g km/s 5, w]j]km/s 5g . v]l]sf]sddf
 % ; 0?k0f dlxn]n]ln65 eg] ^ ; 0?k0f k?if]n]ln65gl . d]h]d]f]
 v]l]sf]sddf nufpbf k]g dlxn / k?if]n]0{ ; d]g Hofnf lbPsf]5' .
 d]f]sid ug]ah]f] c; d]g Hofnf lbbf dlxnfx?n] ; dftgg] ; 0 e)
 ; Sof]clxn] ; d]g lbgk5(egk]5 ; Rr:]x]f]ls dn]f]d]vO egk]5 x]0g
 x]0g x]d]n]c]t k]g ; d]g g]ln65]egk]5 d]h]k]g lbPF .
 k]xn] e6b] lj e]h]s]f]b/ a9\$]x]f]sl 36\$]x]f]eG]n]f]5 <
 - clxn]k]g c; d]g g]5, t/ k]xn] e6b] cln 36b]uPsf]x]f].
 of]l]aifon]0(c6]o ug]c]f]Zos 5 ls 5g <
 - of]l]aifon]0(c6]o ug]k5{ . of]l]aifon]0(lolO]utn]u/] k]g xh3] .
 ; fdlx? k]d]f g]h]f]k5{ . d]h]b]y\$]f]t k?if e6b] dlxn]n]a9] sfid
 u5g{ . clxn]g]dlxn]n]0{ ; d]g Hofnf lbbf k]g km/s kb3] . k?if]n]0{
 k]g % ; 0]d]em]lbg]a? .
 ; d]f]t Nofpgn]0{k]f] ; r]f]o s: t]f]xG5<
 - d]f]j]8df To: t]f]v; t] 5g . k]fo c]k]g]sfid u5g . p]g]x? hit
 lbP k]g 'd]f]08' ub]3]g] . p]g]x? c]f]h]hg] ug{k]g h]b]3]g] . t/ 0; n]f0{
 cleof] s]?k]d]f k]g n]f]k5{ . k?if / dlxn] b]3]f]Hofnf a/fa/ r]f]o
 x]3]5{e]g]5 . cleof] e6b] k]g a/fa/df r]f]o n]f]g]k5{ . k?if e6b]
 dlxn]n]w] sfid ul/x\$]f]5, ca x]d]n]b]v/x\$]f]5]0 .
 of]a/fa/ls]f]c]j: y]df k]g d]vO eldsf s: s]f]x]k5{<
 - 0; df d]vO eldsf t hgt] s]x]f]. egd]g d]h]sfid nu]Pkl5 p; n]
 ; d]g Hofnf lbgk5{e]g] 1fg x]g k5{ . g]u]f]s ; d]h, cu]f, x]d]
 hgk]t]g]w / ; a]h] >ds]f] d]l]on]f]0{ r]f]o{l]ae]b] ug]k]g a/fa/ ul]g] ug]
 k5{ .
 ca csf]k] #, tk0f]j]8df ko6g lj sf; s]f]of]hg] s]s <
 - slif / ko6g e]g]x]d]f]g]f]d]f]g] 5 . x]g]t] clxn]x]d]n]g]u/kfinsf
 56b]Psf]f]sd slif / ko6gn]0{0]g]g]5, g]f] r]f]o]n]0{x\$]f 5]t/ t/
 ah3]df r]f]o]sd 56b]sf]5]f] gu/kfinsf]d] 56b]0Psf]5 t/ j8f j8df
 e]h]s]f]x]g]n]v; of]hg] 5g . x]d]f]h]le6g w]d]f] :ynx? k]g 5g
 06b]0f]0, k]f]85]j], nufot k]g]f]d]d]l]b]x? k]g 5g . /, k]f]g]
 lwd]3]h]x? k]g 5g] log]x?n]0{ k]g hu]f]f]ug]f]u]t]a]f]f] k]g clnc]n
 ah3] 56b]Psf]f]lyP . ca of]a]f]f]k]g cln cln 5]S]65 .
 ?krG; 4]j64f]f] l]gd]f] l]sf; 3/ k]g tk]0 s]j]8df k5{ ?krG<
 ; E ; DalGwt ; f]du]x? ; s] ; P]t]x]f e]g] nufot h]h]hit 5g]
 To ; sf] ; A]f]f] / k]46]s]f]n]lu ; #]xnos]f]gd]f]f] ug] ; s]k]g ko6g
 k]46] x]f]n] lg <
 - of]P]sbd cf]Zos s]f] x]f], p]x]f]e]e]l]f] ; j]f]l ; f]w; nufot ljle6g
 a:tx?n]0{ ; A]f]f]s]f] n]lu j8f g# # df gu/kfinsf / k]b]z]s]ah3]df
 yxf :df]s e]g] k]g alg ; s\$]f]5 / To]x]f] :df]s ag]p]g]t]of]df] 5]t
 k]xn k]g e)/x\$]f]5 . of] ko6g leof]g] / c]b]f]f] ug]P]6f] ; f]
 x]f] . 0; f]ca kl5f k'tfn]s: s]f]f]f]of]e]g]b]g] k]p]5g . of]c]g]f]o]
 ug]k]5{ . 0; s]f] n]lu j8f-j8df ah3] 56b]P/ ; Dea t 5g . 0; df
 gu/kfinsf, k]b]z] / ; 3; b]g]c]f]y]f] d]fu ugk]g]c]j: yf 5 . t/ of]l]aifo
 cu]f]l a9]f]5 .
 wGof] fb .

ko6g k] 4g ug]t] f]yxf dx]f] ; j

◆ lj sf; ; jbbt]

dsjfgk/ l:yt yxf]gu/
 pB]f] j]f]0]ho ; 3n] t]f] yxf]
 dx]f] ; j ug] ePsf] 5 . 3sf]
 c]f]h]g]d]f] cu]d] * s]t]b]v]
 dx]f] ; j c]f]h]g] ug] ePsf] 5 .
 !) lbg]sf n]lu ; #ng x]g] pOm
 dx]f] ; j]sf] to]f] z? e0; s\$]f]
 c]f]h]s ; y]sf] clb]f slj/h
 vq]n] atP .



yxf]gu/ pB]f] j]f]0]ho
 ; 3sf] dx]f] lra ; 7]b]b]g] k]w]gsf
 c]g] / :6n als^ z? e0; s\$]f]
 5 . clu]b] /sd h]d]f ug]h]f]0(
 56s]f]l]o]j: yf ePsf]n] clu]b] /sd
 h]d]f ub]3] als^ ug]f]s]f] ; Wof
 a9b] uPsf] pgn] atP .
 b]f]f] yxf] dx]f] ; jdf #
 ; 0 %) :6n /x\$]f]0f ; j]if] ! :
 :6n 36P/ 0 ; 0 %) d]f] /V]g]
 pgn] atP . k]yd yxf] dx]f] ; j
 0]k] ! ; fndf ; #ng ePsf]f] lyof]
 e]g]b]f] f]yxf] dx]f] ; j 0]k] # ; fndf
 c]f]h]g] uPsf]f] lyof] . 0 ; j]if]f]
 yxf] dx]f] ; jdf lj]ut]sf] dx]f] ; jdf
 h: t] slif kbz]g] ; z]y]t] sf]f]
 ko6]s]o k]w]g ; f]du]x? s]f]k]b]z]g] .
 a3] tyf lj]Qo ; #y]f]s]f] s]f]f]
 ax/]n]66 silkg]x? s]f] :6n . c]6f]
 d]f]a]f]n] ; c]f]06] tyf 0n]36]g]s ;
 u]d]f]6 ; s: d]6s, h]0]r]k]n, lgd]f]f]
 ; f]du] , x:tsnf, x]f]n, k]f]6]k]n]8
 nufots]f] :6n /x]g]c]f]h]s]n]at]Psf]
 5 .
 lq]w]Z]s :jf:Yo lz]j] /s]f]
 n]lu k]g k]xn e0/x\$]f] dx]f] lra
 k]w]gn] atP . dx]f] lra k]w]gs]f]
 eg]0]df 0 ; j]if]f] dx]f] ; jdf p6 /
 cl]6h x]g]k]f]0]5 . p6 / cl]6h]n]f]0{
 gr]f]0] 5, h; af6 b]z]x?n] a]n]
 dg]f]h]ng lng ; Sg]5]g] pgn] eg] .
 t/ cl]3]n]f] dx]f] ; jdf h: t]f] t]ndf
 8^uf ; 0/ ug] / x]h]s]k6/ r]9]
 c]n]f]s]g ug] l]o]j: yf eg] 0; k6s
 x]g] 5g . c]f]h]s]f]f] eg]0] 5, t]fn
 h]d]p]b] h]l]v]d] b]v]of] x]h]s]k6/ w]g]
 ; lsPg ll To ; f] t 0 ; j]if] cl]3]n]f]
 dx]f] ; jdf h: t]f] yxf] c]f]0n] x]g]
 5]g . snfsf]x? eg] 6]g] }
 a]h]f]0]g] . x]f]n ; l]d ; l]d b]0{
 bh]g]e6b] a9] r]rt] snfsf]x?
 c]p]g] k]Ssf] e0; s\$]f] dx]f] lra
 k]w]gn] atP . t]f]f] dx]f] ; jdf dg]
 l]g]s]f] ug] 7]h]f] ls, w]g lj]g]f]
 dg]d] sf ufos cz]f]s] bh]f]k]g
 c]p]g] 5gl . x]f]n ; l]d k]Ssf] k]Ssf]
 ePsf] snfsf]x? df] ab]k]w]g] . x]0]t
 /f]g, k]d]h] v/h, k]z]k]t] zdf]f]
 /d]z]f]h] e6b]f]0{ k]Szf] ; kt, sdn
 v/ f]d]h] v]B, l]k]t] c]n]f] eldsf
 lu/L ; f]l]xd] >]7 . 6s a9]y]f]s],
 lbg]z] s]k]n] l]d]g n]df nufot
 5gl . To] : t]x] 0 snfsf]x? a]n]S]
 w]j] /h' df:6/, h]b]v/ an/]d
 ; /s]f] nufot c]p]g] k]Ssf]Ssf]
 ePsf] at]f]0Psf] 5 .

अब हमें थाहानगरको ओखरबजारमै

छपाईको शुभाश्रम

फलेक्स प्रिन्ट

काठमाण्डौ, हेरौटा धारुनै पढेन...

AARAV creation

अत्याधुनिक नयाँ मेसीनद्वारा १ घण्टा भित्र बोर्ड ट्यान्डर तयार

हाम्रा अन्य सेवामहरू

- फलेक्स प्रिन्ट (ट्यान्डर/साइन्बोर्ड)
- लेटिटर बोर्ड/रिटरकर प्रिन्ट
- फलेक्स फोटो/माचको चिरो तयारी
- प्रमाण-पत्र/कटार-पत्र/प्रसंसा पत्र तयारी
- कार्यक्रमको ट्याच तयारी
- विभिन्न डिजाइनका प्रेरितार
- फोटो स्टुडियो/मि.थि.सी. कमाई

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